

**QUINNIPIAC UNIVERSITY
POLICIES AND PROCEDURES FOR
ADMINISTRATION OF
NARCAN/NALOXONE**

I. PURPOSE:

Narcan/Naloxone may be administered by a university employee when there is reasonable belief that a person is suffering from an opioid overdose. Narcan/Naloxone nasal spray is supplied in a single 4mg dose of Naloxone hydrochloride in a 0.1ml intranasal spray.

II. POLICY:

Narcan/Naloxone is indicated for the complete or partial reversal of opioid depression, including respiratory depression, induced by natural or synthetic opioids. Narcan/Naloxone is also indicated for the diagnosis of suspected or known acute opioid over dosage. Opioid overdose kills thousands of Americans every year.

III. PROCEDURE:

A Public Safety Officer or Licensed University Health Care Personnel shall determine through their investigation and training if the unresponsive individual is suffering from a suspected or known opioid over dose. Permission to carry and administer Narcan/Naloxone on school property shall be limited to Public Safety Officers and Licensed University Health Care Personal (MD, PA, APRN, RN, EMT). In all cases of suspected overdose, the following steps should be taken:

1. **Call 911** for any patient that presents with signs or symptoms of overdose, including but not limited to:
 - A. Respiratory depression, <10 breaths/min
 - B. Cyanosis- lips or fingertips
 - C. Extreme somnolence-hard to awaken
 - D. Progression to stupor or coma, limp body
 - E. Cold or clammy skin
 - F. Pinpoint pupils
 - G. Bradycardia
 - H. Hypotension
 - I. Unable to speak/incoherent
 - J. Gurgling or snoring sounds

2. Provide Rescue Breathing one breath every 5-6 seconds or CPR if indicated

3. *Administer Naloxone/Narcan:* **Narcan/Naloxone starts working in 3-5 minutes and lasts 30-90 minutes. Continue rescue breathing / CPR until Narcan/Naloxone starts to work. Depending on the type of opiate, additional doses may be needed within a few minutes of the original dose.**
 - A. Remove Narcan nasal spray from the box, bag or other packaging. Peel back the tab with the circle to open the Narcan/Naloxone nasal spray.
 - B. Hold the Narcan/Naloxone nasal spray with your thumb on the bottom of the plunger and your index and middle fingers on either side of the nozzle.
 - C. Lay the person on their back and administer the Narcan/Naloxone nasal spray as quickly as possible while providing support to the back of the neck to allow the head to tilt back.
 - D. Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose.
 - E. Press the plunger firmly to give the dose of Narcan/Naloxone nasal spray
 - F. Move patient to recovery position.
 - G. Administer a second dose of Narcan/Naloxone if person is not responsive after 2-3 minutes or if they relapse back into respiratory depression.
 - H. Be prepared for agitation upon emergence from unresponsive state. Be prepared to restrain the person and protect patient and bystander/rescuer from harm if necessary.
 - I. Nausea and vomiting may occur as the Narcan/Naloxone takes effect. Be prepared to place the patient on their side to avoid aspiration.

4. *Emergency Notification:* Call 911 or notify a local emergency medical services provider prior to, during or as soon as practicable after each use of an opioid antagonist on any of Quinnipiac's three campuses that is reported to Quinnipiac or observed by a medical professional, unless the person to whom the opioid antagonist was administered has already received medical treatment for his or her opioid related drug overdose. **The administration of Narcan/Naloxone nasal spray, other opioid antagonist, or similar treatment is not considered as having "already received medical treatment" for the purposes of this section. NO EXCEPTIONS!!!!!!!!!!!!**

5. *Documentation:*
 - A. Note dose(s) & time(s) of administration & patient response.
 - B. Communicate pertinent information to EMS

6. *Purchase:* Narcan/Naloxone will be purchased by the Fire Marshal/Training Officer of the Department of Public Safety for use by Public Safety Officers. Narcan/Naloxone will be purchased by the Director or the Assistant Director of the Student Health Center, under the medical license of the Medical Director, for use by Licensed University Health Care Personal (MD, PA, APRN, RN, EMT).

7. *Storage:* Narcan/Naloxone will be stored in the Intranasal Naloxone Kits for use by Public Safety Officers. Each kit will be stored in a locked cabinet inside the locked Public Safety Squad Room on each campus. Naloxone will also be stored in the Emergency Medical Bag x 2 doses at each campus Student Health Center. Store Narcan Nasal Spray in the blister and cartons provided. Regardless of whether Narcan/Naloxone is stored in an Intranasal Naloxone Kit or Emergency

Medical Bag, it will be **stored at controlled room temperature of 59°F to 77°F (15°C to 25°C). Excursions permitted between 39°F to 104°F (4°C to 40°). Do not freeze. Protect from light.** The Fire Marshal/Training Officer of the Department of Public Safety shall be responsible for the proper storage of Narcan/Naloxone in the Intranasal Naloxone Kits. The Director or the Assistant Director of the Student Health Center shall be responsible for the proper storage of Narcan/Naloxone in Medical Emergency Bags.

8. *Distribution:* If in a kit, the Shift Supervisor for the Public Safety Department will assign a numbered Narcan kit to each Public Safety Officer at the start of every shift and the Officer will sign a distribution sheet indicating which numbered kit he or she is in possession of. At the end of their shift they will return the Narcan Kit and sign it back in. If in an emergency bag, Naloxone will remain in the emergency bags and are not to be removed unless to be administered. Narcan/Naloxone is not to be distributed to any student or other university employee.
9. *Location:* Naloxone will be located in the Mount Carmel Campus Public Safety Squad Room and the North Haven Campus Public Safety Squad Room. Naloxone will also be located at the Mount Carmel Campus Student Health Center and the York Hill Campus Student Health Center.
10. *Maintenance:* In accordance with the manufacturer's guidelines, the Fire Marshal/Training Officer of the Department of Public Safety and the Director or the Assistant Director of the Student Health Center shall be responsible for checking the expiration dates and replacing the Narcan/Naloxone nasal spray before the expiration date on the box or replace the dose(s) used.
11. *Replacement:*
 - A. Replacement Narcan/Naloxone nasal spray shall be stored in the Public Safety Squad Room on each campus as well as at each campus Student Health Center.
 - B. Replacement Narcan/Naloxone nasal spray shall be disseminated by the Fire Marshal/Training Officer of the Department of Public Safety or the Director or the Assistant Director of the Student Health Center or their designee and replaced as needed.
 1. All Narcan/Naloxone nasal spray that has been opened, whether or not such was administered, shall be replaced with a new kit.
 2. In the event that a Narcan/Naloxone nasal spray is expired or has been used, the person noticing the same shall notify either the Fire Marshal/Training Officer of the Department of Public Safety or the Director or the Assistant Director of the Student Health Center for immediate replacement.
 - C. Narcan/Naloxone nasal spray intended to be included in a numbered Narcan kit or emergency bag that has been lost, damaged or exposed to extreme temperatures shall be reported to either the Fire Marshal/Training Officer of the Department of Public Safety or the Director or the Assistant Director of the Student Health Center, respectively.

By order of:



Judy D. Olian, President Quinnipiac University